

# *Michael Fotheringham Portraits*

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## Preparing for your headshots

The following suggestions are not strict rules, but rather ideas to consider for your portraits.

### **Headshots**

For headshots, the clothes you wear (mainly your collar line) provide a frame for your face. Light rich colours give the impression of youth, while dark muted colours give the impression of maturity. Colourful accessories (ties, jewellery) highlight your features and give a sense of creativity. Plain or subtle patterns work better than decorative prints and patterns.

### **What to bring:**

- Wardrobe choices
- A brush or comb

Consider your hairstyling and cosmetics needs. Women, and sometimes even men, can enhance their portrait with the proper application of makeup, but don't use too much and only where it is deemed necessary.